



Health Protocols • Summer 2020

The following health protocols are intended to promote a safe camp experience for Camp Spalding campers during this season of COVID-19. We've benefited from helpful guidelines developed by the Association of Camp Nursing and American Camp Association (prepared by health professionals following CDC directives) to assist camps in operating safely this summer. We are grateful, too, for the thorough review and input in shaping these protocols from several MD's and RN's, including local infectious disease experts. As stated in previous communications, Camp Spalding will be guided by restrictions listed in the state's Four Phase Reopening Plan in cooperation with government agencies with jurisdiction over Camp Spalding (state of Washington and Pend Oreille County). Keeping campers and staff safe this summer will be a partnership between our staff and your family. Thank you for your cooperation in helping make this summer a safe and fun camp experience for everyone!

Please read the following protocols carefully, initialing parental agreement with each one. In addition to online registration, **three documents are required and must be turned-in upon arrival to camp for your child to be admitted.**

- 1) Initialed agreement with Health Protocols (this page and reverse)
- 2) Signed liability waiver
- 3) A completed and signed "Pre-Camp Health Screening" form.

Again - the above three completed documents must be turned-in upon arrival to camp for your child to be admitted!

Parent/Guardian must initial each point to indicate agreement with / understanding of that protocol.

1. _____ Camp Spalding is located in Pend Oreille County, WA. As such, the county has jurisdiction over Camp Spalding as it pertains to Washington's Four Phase Reopening. For instance, if Pend Oreille County is in Phase 3, Camp Spalding will limit the number of people in the dining hall as per the restrictions of that phase. Camp Spalding may adjust during the summer - more restrictive or less - according to the current phase of the county. If any such adjustments are made, the changes will be communicated to parents prior to the start of a camp session, with the opportunity to cancel with a full refund should the changes be unacceptable to your family. Know, however, that we anticipate the majority of these protocols to remain in place throughout the 2020 summer season.

2. _____ Parent is to monitor camper's health, including daily temperature checks, in the two weeks prior to the start of his/her camp session, using the form "Pre-Camp Health Screening" provided (camp staff will also complete this protocol in the two weeks before arrival). **Pre-Camp Health Screening form must be turned-in for a child to be admitted to camp.** Note: children with asymptomatic COVID-19 infections may not be identified with this pre-camp screening.
3. _____ To disperse people on-site, families will receive an assigned arrival time for camp check-in.
4. _____ Each camper will have his/her temperature checked (forehead) upon arrival.
5. _____ Medicine and store money - all ages - will be turned-in to health coordinators and staff members at the car. We will be implementing a cashless store system this summer for all camps.
6. _____ Family members of campers are to stay with the car upon drop-off. Campers will be met by staff at the car and escorted to their cabin. To minimize the number of people coming and going this summer, parents are asked not to walk around camp or go to their child's cabin. Thanks for your cooperation!
7. _____ Campers will be pre-assigned a bunkbed in each cabin (i.e. no advantage arriving early). Bunks will have signs at each bunk to indicate how the sleeping bag is to be laid out, with the head of the camper on the top bunk directly above the feet of the camper on the lower bunk, with bunks staggered with adjacent bunks to maintain distancing for sleeping.
8. _____ Each cabin will keep opposing windows open throughout the summer to facilitate air-flow. Campers will be instructed to apply insect repellent outside the cabin each night before bed.
9. _____ As has been the practice at Camp Spalding, each camper will receive a squirt of alcohol-based hand sanitizer upon entering the dining hall for each meal.
10. _____ Each cabin will have a bottle of sanitizer, with campers sanitizing their hands upon entering.
11. _____ Most of your camper's days will be spent with his/her cabin mates - sleeping, small groups, meal times (same table), pre-bedtime bathhouse use, etc. to minimize wider contact. During some *outdoors* activities (swimming, mountain biking, etc) your child may be in proximity of campers from other cabins.
12. _____ Because possible transmission of the virus is greatly diminished while outside, worship (singing and message) will be outside at the amphitheater, wearing masks. If raining, indoor singing with masks & distancing (no arms around neighbors' shoulders this summer).
13. _____ As always, if symptoms of illness arise, camper will immediately be put in a separate room. Parent/guardian agrees to be able to pick-up sick child within 4-5 hours from initial phone call. **Note: We have campers get sick and go home every summer (fevers, sore throats, coughs, nausea, etc.). Know that there will be campers that get sick this summer, unrelated to COVID-19.**
14. _____ There will be diligent, daily sanitizing of hard surfaces in the dining hall, restrooms, door handles, and program equipment after each use (e.g. archery bows and arrows, mountain bike handles, craft supplies, hand sanitizer at ropes course, etc.)
15. _____ There are some situations in which campers would not/should not wear a mask/face covering:
 - Meals: 5 max per table; tables min 6' apart
 - Swimming
 - Sleeping
 - Physical exertion in warm weather
 However, we will be wearing masks at all other times inside, and outside when distancing is not possible. **Please make clear to your camper that he/she will be wearing a mask daily and regularly!**

Remember: bring 1) this completed document, along with the completed 2) liability waiver and completed 3) Health Care Screening Form with your child at registration on the first day of camp.